

Gymnastics & Cheerleading Academy of CT

Mission Statement

We are a school that regards all children as precious and irreplaceable and so our priorities are their safety and well-being. We understand that every child is different and so we chose to embrace the uniqueness of each individual, while recognizing that all children have the same basic needs of being respected and valued. It is important to us at the Gymnastics & Cheerleading Academy of CT to offer a program where all children have an opportunity to participate in athletics with dignity and grace.

The movements of gymnastics and cheerleading require strength, flexibility and courage and at the highest levels are breathtaking and beautiful, but more importantly they are sports that give the novice athlete the fundamental foundations for movement in all sports. It is our goal at GCA to build confidence and self esteem by learning new skills in a progressive and safe environment that leaves every child feeling like a winner!

It is our fundamental belief that our actions and words can have a profound effect on the development of any child so we strive to have the most highly educated staff that understands the importance of their position. All of our instructors seek to motivate and inspire each child so that they will have a passion for fitness and training throughout their lives. The skills that are necessary for success in the classroom such as dedication and hard work will also be reinforced in our program; the academic success of all our students is of the utmost importance to all our teachers.

We choose to provide a state-of-the-art facility that will be continually updated with the industries newest and safest equipment. We offer an environment that is clean and wholesome and most importantly secure. We take pride in the continued education of our staff concerning proper technique, safety awareness and pedagogy.

At the end of the day, it is our desire that every child leave with a smile on their face, feeling good about who they are!